

submissions

From: submissions
Subject: FW: Submission on P1060 Hydrocyanic acid in Apricot Kernels

From: Kathy S [REDACTED]
Sent: Friday, 6 February 2015 3:23 p.m.
[REDACTED]
Subject: Submission on P1060 Hydrocyanic acid in Apricot Kernels

Submission on P1060 Hydrocyanic acid in Apricot Kernels

My submission is as a consumer, without any particular economic or commercial interests. I am also a trained biologist (MS Genetics) and have an interest in nutrition and applying medical research to healing. I am retired.

I support the status quo, with no additional government actions whatsoever except continued provision of data on safe limits for consumption.

I have studied the literature and the purported cases of poisoning from hydrocyanic acid. I find it highly unlikely that any one individual was accidentally poisoned by an "accidental" swallowing of one kernel, and to apply the standards of research to the other purported cases, let me comment that the link between kernel ingestion and symptoms was not proven. Some might well have been psychosomatic. But it does not really matter.

However, even if the occasional person is made ill, government cannot protect everyone from their own personal choices and stupidity. Will you next outlaw the sale of salt because it has a low LD50? Indeed, the maintenance of freedom requires that people be allowed choices in regard to what they consume or how they choose to be treated or not treated for disease. My chief concern would be in the protection of children, although but in our culture parents regularly slow-poison their kids with soft drinks and non-foods...so this becomes a complex issue.

I use apricot hulls for flavouring preserves, making plum pies taste more like cherry and for making liqueurs. I have never experienced any problems. My mother always preserved apricots by including some kernels in every quart. My girlfriend, a natural medical practitioner, regularly consumes apple seeds which are also high in HCN. Like everything, it is an issue of moderation. Many common foods contain molecules which are toxic in extreme. Celery, for example. Why pick on apricots? Perhaps there are other agendas at work? And why focus only on negatives, when clearly many people enjoy the flavour of pits and also believe they have experienced positive health outcomes. Even if it is only placebo, if it works, it works.

As was mentioned in the the paper on your website by S. Krashen, there is indeed evidence that apricot kernels contain substances which are useful in cancer treatment,(just as vitamin C, used intravenously, has proven effective against many diseases). The corporate medical "establishment" **does** suppress this information. Many a "scientific" trial has been doctored, badly designed or just fraudulently reported, and anyone with enough time to research will see that this is true. Insider reports of such are also increasing. Hence, organizations such as FDA or the corrupt American Cancer Society cannot be regarded as authoritative and data produced by them must be disregarded. Corporate interests have seized control of most letter agencies in the U.S.A, and have begun the same process in Australia and are attempting to gain influence in NZ. As proof of the latter, I offer the fact of the submission of the outrageous and egregious *Natural Health and Supplementary Products Bill* introduced in 2011.

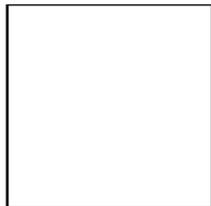
This bill would have introduced huge compliance costs on government and consumers, would have limited access to supplements, greatly increased their cost, and provided benefits only to pharmaceutical interests. No one I spoke to in government could identify the Bill's authors. Strange.

It is clear that the economic impact of HCN poisoning in the last 10 years has been far less than the cost of new regulations. Additionally, how do you put a cost on freedom of choice? "That government is best which governs least", to quote Voltaire.

Please rule in favor of information provision but no regulation. Please protect my consumer rights to access products that are safe if used moderately. Please support consumer education with truthful information on safe limits.

Thank you.

Kathleen Swan



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