



## **A1104 Voluntary Addition of vitamins and minerals to nut and seed based beverages**

**September 2015**

The Dietitians Association of Australia (DAA) is the national association of the dietetic profession with over 5800 members, and branches in each state and territory. DAA is a leader in nutrition and advocates for food and nutrition for healthier people and healthier nations. DAA appreciates the opportunity to provide feedback on Application A1104 Voluntary Addition of vitamins and minerals to nut and seed based beverages for Food Standards Australia New Zealand.

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### **DAA interest in this consultation**

DAA advocates for a safe and nutritious food supply in which the community has confidence, and which meets the nutritional needs of all Australians, including groups with special needs.

As experts in nutrition, Accredited Practising Dietitians (APDs) assist the general population and groups with special dietary needs to meet their nutritional needs. APDs also assist with the translation of food labels and nutrition content claims.

### **Recommendations**

DAA supports the application to amend Standard 1.3.2 – Vitamins and Minerals in the Australia New Zealand Food Standards Code to extend the current permission for voluntary addition to cereal- and legume-based beverages to nut- and seed-based beverages containing at least 0.3%*m/m* protein because FSANZ has provided evidence that nut- and seed-based beverages are used as cow's milk substitutes in Australia and New Zealand.

DAA supports that coconut-based milk substitutes, but not coconut water, be included in this draft variation.