

Seamons, Colleen

From: Power [powerrc@optusnet.com.au]
Sent: Monday, 8 September 2008 5:06 PM
To: submissions
Subject: SUBMISSION - PROPOSAL P1007
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SUBMISSION RE: PROPOSAL P1007 PRIMARY PRODUCTION & PROCESSING REQUIREMENTS FOR RAW MILK PRODUCTS (Australia Only)

I am making this submission on the above proposal to do whatever I can to ensure that **I may continue to access supplies of raw cow's milk** for use by my family and pets as I have been doing for over 5 years now without any ill effects or compromises to our health.

We use it mainly as supplements to our hot beverages, cereal meals, cooking and in the production of fermented kefir products and whey used in other fermented products and cooking.

I am aware that scientific data contradicts its health benefits and I am also aware that there are many other writers and researchers with respectable academic qualifications who are strong proponents of its health benefits. For a lay person I consider that I have assessed the pros and cons to the best of my abilities and given a not inconsiderable amount of time to that assessment.

Practically I know that a bottle of processed pasteurized milk will go off a lot faster than a similar bottle of raw milk kept in the same refrigerator at the same temperature and then the raw milk is only soured while the processed milk smells putrid and one would not consider consuming it at all while the raw milk at least may be fermented and the whey collected. I put this down to the beneficial bacteria adequately combating the non beneficial bacteria where it appears the processed milk has absolutely no capacity to achieve such a balance. The safety of pasteurised/homogenised milk coming out of the factory is soon compromised, with little interference at all in my view.

The main references I have used in validating my use of it include:

Book: Nourishing Traditions – Sally Fallon

Websites: Weston Price Foundation (www.westonprice.org)
www.realmilk.com

Yours faithfully

Roger Power

15/09/2008