

Seamons, Colleen

From: Kelli Benjamin [health@kellibenjamin.com.au]
Sent: Monday, 8 September 2008 1:10 PM
To: submissions
Subject: Submission in support of Raw Milk
Follow Up Flag: Follow up
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Re: Proposal P1007: Primary Production & Processing Requirements for Raw Milk Products.

I am writing to express my professional and personal opinion that safe and regulated production of raw milk should be supported in Australia. Surely people have the right to make an informed choice about their food products.

From my understanding, raw milk contains enzymes and other molecules that are completely or partially destroyed during the pasteurization process. The resulting milk then becomes a processed 'unnatural' food which has been linked to a number of physiological as well as possible psychological symptoms for many people, especially infants and children. Clearly the adulteration of milk via processing has caused it to become problematic and difficult to digest. The empirical evidence from those who have eliminated pasteurized milk from their diet should be proof enough.

Thank you for considering this submission,

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