

## Seamons, Colleen

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**From:** Rhiannon Lynch <pandaemonaeon\_ree@hotmail.com>  
**Sent:** Tuesday, 17 January 2012 2:28 PM  
**To:** submissions  
**Subject:** Low THC Hemp as Food

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I am writing to express my sincere and strong endorsement and commendation for FSANZ to allow Hemp as food. Hemp is a highly nutritious food source, with all the essential omega fatty acids, amino acids, vitamins and protein necessary for healthy human life. In fact, no other single food source is as nutritiously sound as Hemp seeds. Hemp is legally consumed all around the world, it is time Australia and New Zealand got on board and allowed this marvellous food source. Hemp is also an environmentally sound crop - it nourishes the soil in which its grown and produces oxygen, it is insect and fungus repellent and is an annual crop. Not only will hemp food stimulate good health for our citizens and environment, but it will also massively benefit our economy and create jobs for thousands of people. I want to raise my children in a country where the best food is available and hemp food is a major part of that! Say YES to HEMP FOODS - for the good of the country!

Sincerely,  
Rhiannon Lynch  
South Australia