

**Seamons, Colleen**

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**From:** Rob Morris [rob@jaze.com.au]  
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Submission for Proposal P1007: Primary Production & Processing Requirements for Raw Milk Products.

Rob Morris  
108 Stanhope Road  
Killara NSW 2071  
Phone: 0402-467-669  
Email: [rob@jaze.com.au](mailto:rob@jaze.com.au)

Hi,

I am a huge advocate of the legalisation of the sale of unpasteurised milk in Australia. I have three arguments for this:

1. I have lived in Australia all of my life, and I enjoy the consumption of dairy products a lot. However, for much of my life dairy has also caused adverse reactions in me – such as minor allergies, acne, etc. In California, it is currently legal to sell raw cow's milk. On the recommendation of several friends who had experienced similar problems to me, I tried this raw milk during my stay in California. Much to my surprise, this raw milk caused no adverse reactions in me at all, and so I tried consuming it in quantities of up to 1 litre per day – with no reaction. I came back from California feeling the healthiest I have in my life. On my return to Australia, I once again tried pasteurised Dairy Farmers full-cream milk, and soon my stomach was upset, my energy levels were lower and I had a minor outbreak of acne and allergies.

I believe that it is the pasteurisation of milk that causes my reaction to it, and not the milk itself. I would therefore dearly like to be able to purchase unpasteurised milk.

2. Pasteurised milk cannot be used to create folk dairy products such as Keffir – without adding a separate culture to the milk. Due to my family ties with Estonia, I would like to be able to make Keffir from milk, as this is used in various traditional recipes in Estonian cooking.
3. I am sure that FSANZ will do far more thorough research than I am capable of. However, I have done my own non-formal research into the health risks associated with raw milk, and into the correlation of the cause of diseases with the consumption of raw milk. It seemed to me that the health risks associated with consumption of raw milk are, in real terms, negligible.

In summary, I believe there are good reasons to allow the sale of non-pasteurised milk, and I believe that research will show the health risks to be minimal. I would advocate an approach of legalising the sale of raw milk, while legislating that such products must come with warning information attached as to the potential risks of consuming raw milk. Make the product available, but leave it to the consumer to make their decision. I know of at least 10 other people, from disparate backgrounds, who share my views.

I wish you will in the execution of your proposal.

**Rob Morris**  
Technology Director



**Office:** (+61) 2 8284 6285 | **Mobile:** (+61) 402 467 669