

## Seamons, Colleen

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**From:** Kate McGann [katemcgann@gmail.com]  
**Sent:** Wednesday, 24 September 2008 9:36 PM  
**To:** submissions  
**Subject:** Submission for Proposal 1007

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I write as a consumer of raw milk, a health practitioner and a mother. My family and I would love to see the sale of clean, unprocessed milk legalised in Australia.

I spent my childhood in a dairy farming district. My entire family of eight drank raw milk from a farm and were very healthy as a result. After we moved away from that area, it was not possible to obtain unpasteurized milk. Twenty years later, I and my own young family have been consuming raw milk for the past 12 months. Our health has improved dramatically. Neither my partner nor I have been able to drink pasteurized milk for the past 10 years as we would develop sinus headaches within minutes of consuming it. With raw milk, we have no such symptoms. I have watched my 3 yr old son thrive on raw milk the way nature provides it. I have seen wonderful results in other families also.

There is no doubt that milk which is produced by cows fed on grains and living in crowded conditions needs to be pasteurized. However, milk from a singular herd of pasture fed, TB free cows is in no need of pasteurisation. My family and many others would like the Australian community to have a choice regarding the milk they consume. As a healthcare practitioner, I would love to be able to refer my clients to a source of legally certified raw milk, as the health benefits for children and adults alike are profound. I would love for my son to be able to access clean raw milk throughout his life instead of being so reliant (as I was) on living within a dairy community.

Please consider the legalisation of clean raw milk with the mindfulness it deserves. The health of generations depends upon it.

Yours sincerely,  
Kate McGann