

ACKNOWLEDGE SCANNED

Seamons, Colleen

From: *Private information*
Sent: Thursday, 18 September 2008 11:47 PM
To: submissions
Subject: Submission Proposal P1007: Primary Production & Processing Requirements for Raw Milk Products

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3/10/08
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Dear FSANZ

I support having the choice to buy raw milk that is properly certified.

As someone managing gut and immune conditions as part of fibromyalgia syndrome I want availability of nutrient-, enzyme- and organism-rich milk.

Raw milk is a better option than supplements (which because of my gut condition I have a lot of trouble handling) and raw milk has benefits I cannot access through other food sources.

I think that decisions that were made in a crisis situation in the 1930s should be questioned. We know a lot more about the benefits of some bacteria and the importance of not only enzyme rich food, but food that has symbiotic components which together make them fantastic sources of nutrition and health. We also know enough to know that what we do in processing milk to the current standards depletes the nutritional value of milk.

In a society that is battling obesity and a rise in spectrum disorders and other complex health problems, I believe it necessary for regulators to do everything in their power to bring the most nutrient-rich and beneficial health-promoting foods to society, within good standards.

Please do not go down the path of our appalling health system with is reactive and focuses on illness, please go down the path of promoting health and give Australia standards which will help people such as myself buy certified raw milk. Raw milk which together with other dietary and lifestyle actions will be an important part of positively managing our chronic health conditions throughout our lives.

Without proper certification people such as myself will continue to buy milk we know may not have been intended as a food source. I think it would be remiss of regulators to leave the standards as they are. Society has a clearly stated need for raw milk, please make sure our needs are met safely.

Please protect my privacy by not publishing my full name or contact details if releasing these comments publicly.

Thank you for the opportunity to provide input for your consideration.

*Confidentiality
Requested.*