

Seamons, Colleen

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Sent: Tuesday, 16 September 2008 9:21 PM
To: submissions
Subject: Raw Milk
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Submission re Proposal P1007: Primary Production & Processing Requirements for Raw Milk

We would like the sale of raw milk legalised as we believe pasteurization destroys the nutrients contained in milk and thus makes a good nutritious food, a poor food that most people have trouble digesting. Pasteurisation of milk destroys the vitamins (heat destroys most vitamins) and de natures the protein as well as destroying the natural enzymes which aid digestion and provide a natural anti bacterial factor. Raw milk is a complete food naturally nutritious and easily digested while pasteurised milk is lacking in vitamins and nutrients difficult to digest and leads to dairy intolerances. This means that this good readily available and economic food cannot be part of many peoples diets due to intolerances. Milk is an essential food for growing children but due to pasteurisation this food is made unsuitable due to intolerances and reduction in nutrients. We need to have raw nutritious milk available to build healthy children and to keep adults healthy. Please legalise the sale of raw milk.

Thank you,
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