

**Seamons, Colleen**

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**From:** Soulla Chamberlain [soullac@bigpond.net.au]  
**Sent:** Monday, 8 September 2008 2:27 PM  
**To:** submissions  
**Subject:** Submission re Proposal P1007: Primary Production & Processing Requirements  
**Follow Up Flag:** Follow up  
**Flag Status:** Blue

To whom it may concern,

I am writing to express my strong interest and support for the legalisation of the sale of raw milk. Raw milk is what my parents and ancestors drank. This is what they grew up on without any adverse effects. Raw milk is a natural healthy drink and like all wholefoods it is full of essential vitamins, minerals and enzymes. In fact the pasteurisation of milk destroys all the beneficial enzymes and drastically reduces the vitamins and minerals in it. If we want to be healthier, and want our children and future generations to be healthier, we need to be able to freely consume more nutrient-dense foods like raw milk. In this day and age of refrigeration, pasteurisation is an outmoded concept. Even if some people still want to consume processed foods (like pasteurised milk) then for those who want to consume healthier foods we should have the right to choose what we eat/drink. Myself and my family members can't tolerate pasteurised milk but do very well on raw milk. Raw milk also tastes a thousand times better. Ask yourself what your grandparents and the traditional peoples of the world drank (and still drink in certain cultures) and take the time to stop and think that previous generations who consumed natural unprocessed wholefoods were not plagued with the numerous health issues (like diabetes, heart disease, cancer, obesity, high blood pressure etc) that exist in modern day society.

Yours sincerely  
Mrs Soulla Chamberlain  
77a Hewlett St  
Bronte NSW 2024  
ph 02 9369 7132  
email: [soullac@bigpond.net.au](mailto:soullac@bigpond.net.au)