

Appendix 2: Foods sampled in the 22nd ATDS

Table A2.1: Foods sampled in the 22nd ATDS

Alcoholic Beverages	Eggs
Beer, 3.5% alcohol (N)	Eggs, boiled (R)
Wine, white (R)	
Beverages	Fats and oils
Soft Drink (N)	Butter (N)
Soy Beverage, full fat (N)	Dairy Blend (N)
Tea (N)	Margarine or Margarine Spread, polyunsaturated (N)
Water, bottled, still (N)	Oil, canola (N)
Water, tap (R)	
Juice, orange (R)	Fruit
Cereal and cereal products	Apples (R)
Biscuits, savoury (N)	Bananas (N)
Biscuits, sweet, plain (N)	Coconut, desiccated (N)
Bread, multigrain (R)	Grapes (R)
Bread, white (R)	Mango (N)
Bread, wholemeal (R)	Orange (R)
Breakfast cereals, mixed grains (N)	Peaches, canned in natural juice (N)
Breakfast cereals, single grains (N)	Peaches, fresh (R)
Cake, chocolate, iced (N)	Pineapples, fresh (R)
Oats, rolled (N)	Strawberries (R)
Pasta (N)	Sultanas (N)
Rice, white (N)	Tomatoes, raw (R)
	Watermelon (R)
Condiments	Infant Food and Beverages
Salt, iodised (N)	Infant cereal, mixed (N)
Salt, non-iodised (N)	Infant Dessert, fruit (N)
Sauce, tomato (N)	Infant Dessert, milk based (N)
	Infant Dinner (N)
	Infant Formula (N)

Dairy	Vegetables
Cheese, cheddar, full fat (R)	Avocados (R)
Cheese, cottage (N)	Beans, green, raw (R)
Cheese, processed, cheddar type (N)	Beetroot, canned (N)
Cream, pure (N)	Broccoli (R)
Ice cream, full fat, vanilla (N)	Cabbage (R)
Milk, liquid, full cream (R)	Carrots (R)
Milk, liquid, low fat, modified (R)	Celery (R)
Yogurt, fruit, full fat (N)	Cucumber (R)
	Lettuce (R)
Nuts and legumes	Mushrooms (R)
Almonds (N)	Nori (dried seaweed sheets) (N)
Baked Beans in tomato sauce (N)	Olives (N)
Peanut Butter (N)	Onions (R)
	Parsley, fresh (R)
Seafood/seafood products	Peas, frozen (R)
Fish, battered, takeaway (R)	Potatoes (R)
Fish, crumbed, oven-bake (N)	Pumpkin (R)
Fish fillets (R)	Spinach, fresh (R)
Prawns, cooked (R)	Sweetcorn, kernels, frozen (N)
Salmon, canned in brine (N)	
Tuna, canned in brine (N)	Meat and meat products
	Bacon (N)
Snack Foods	Beef, steak (R)
Potato Crisps (N)	Chicken(N)
	Ham, leg (N)
Sugar/Confectionary	Lamb chops, loin (R)
Chocolate, milk (N)	Liver, lamb (R)
Sugar, white (N)	Pork chops (N)
	Sausages, beef (R)
Takeaway/Fast Food	
Hamburger (R)	
Pie, meat, individual size (N)	
Pizza, meat and vegetable topped (N)	

Notes:

- N = National Food. Three retail samples make up each composite sample, 6 composite samples of each food.
- R = Regional Food. Three retail samples make up each composite sample, 10 composite samples of each food.